



Nettlesworth Primary School PE

Intent

At Nettlesworth Primary School, we aim to develop pupils who will be physically active and can flourish in a range of different physical activities. The aims of our PE curriculum are to develop pupils who:

- ♣ Are willing to practise skills in a range of different activities and situations, alone, in small groups and in teams, and to apply these skills in chosen activities to achieve exceptionally high levels of performance;
- ♣ Have and maintain high levels physical fitness;
- ♣ Lead a healthy lifestyle which is achieved by eating sensibly, being aware of the dangers of drugs, smoking and alcohol and exercising regularly;
- ♣ Are able to remain physically active for sustained periods of time and have an understanding of the importance of this in promoting long-term health and well-being;
- ♣ Take the initiative and become excellent young leaders, organising and officiating, and evaluating what needs to be done to improve, and motivating and instilling excellent sporting attitudes in others;
- ♣ Employ imagination and creativity in their techniques, tactics and choreography;
- ♣ Are able to improve their own and others' performance;
- ♣ Can work independently for extended periods of time without the need for guidance or support;
- ♣ Have a keen interest in PE - a willingness to participate eagerly in every lesson, highly positive attitudes and the ability to make informed choices about engaging fully in extracurricular sport;
- ♣ Can swim at least 25 metres before the end of Year 6 and know how to remain safe in and around water. .

Implementation

Teachers are provided with an additional three planning days per year on top of their PPA, to plan their curriculum. As part of this planning process, teachers need to plan the following:

- ♣ A cycle of lessons for each subject, which carefully plans for progression and depth;
- ♣ A low stakes quiz which is tested regularly to support learners' ability to block learning and increase space in the working memory;
- ♣ Challenge questions for pupils to apply their learning in a philosophical/open manner;
- ♣ Opportunities to work with experts in the field and learn from their work ethic and

demonstrations of good practice

- ♣ Active 60- Home/School Learning weekly book

Impact

Our PE Curriculum is high quality, well thought out and is planned to demonstrate progression. If children are keeping up with the curriculum, they are deemed to be making good or better progress. In addition, we measure the impact of our curriculum through the following methods:

- ♣ A reflection on standards achieved against the planned outcomes;
- ♣ A celebration of learning for each term which demonstrates progression across the school;
- ♣ Tracking of gains in each quiz;
- ♣ Pupil discussions about their learning;
- ♣ The annual tracking of standards across the curriculum