

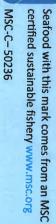
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Spring/Summer 2021 Menu - Week One **Nettlesworth Primary School**

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Minced Beef with Yorkshire Pudding, Gravy and Creamed Potato	Chicken Chow Mein with Noodles	Baked Pork Steak with Wholegrain Rice and Barbeque Sauce	Homemade Cheese and Onion Pie with Roasted New Potatoes	Lightly Battered Fish with Tomato Sauce and Chips
Macaroni Cheese (v) with Crispy Croutons	Wholemeal Cheese and Tomato Pizza (v) with Half Jacket Potato	Quorn and Vegetable Crispy Taco (v) with Shredded Lettuce, Salsa and Jacket Wedges	Tomato and Basil Pasta (v) with Garlic Bread	Vegetable Burritos (v) and Brown Rice
Selection of freshly made Sandwiches	Jacket Potato with a selection of fillings	Selection of freshly made Sandwiches	Jacket Potato with a selection of fillings	Selection of freshly made Sandwiches
Spring Cabbage Sweetcorn Niblets Fresh Salad Selection	Spaghetti Hoops Sweet Garden Peas Fresh Salad Selection	Sweetcorn Niblets Green Beans Fresh Salad Selection	Broccoli Florets Sliced Carrots Fresh Salad Selection	Baked Beans Sweet Garden Peas Fresh Salad Selection
Homemade Lemon Drizzle Cake	Frozen Strawberry Ice with Apple Slices	Freshly Baked Ginger Biscuit and Orange Wedges	Homemade Peach Shortcake with Custard	Chocolate and Pear Sponge with Chocolate Drizzle

Available Daily

Salad Selection, Fresh Bread Selection, Fresh Fruit and Yoghurts. Drinking water will be served with every meal.







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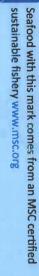
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Spring/Summer 2021 Menu - Week Two **Nettlesworth Primary School**

Homemade Oat Flapjack with Custard	Cheese and Biscuits with Apple or Iced Chocolate Cake	Toffee Ice with Banana Slices	Chocolate Crispy Cake	Lemon and Courgette Cake
Sweet Garden Peas	Sliced Carrots	Sweetcorn Niblets	Green Beans	Cauliflower Florets
Baked Beans	Mixed Vegetables	Broccoli Florets	Sliced Carrots	Sweet Garden Peas
Fresh Salad Selection	Fresh Salad Selection	Fresh Salad Selection	Fresh Salad Selection	Fresh Salad Selection
Selection of freshly made	Jacket Potato	Selection of freshly made	Jacket Potato	Selection of freshly made
Sandwiches	with a selection of fillings	Sandwiches	with a selection of fillings	Sandwiches
Vegetarian Sausage (v) with a soft roll, Chips and Tomato Sauce	Baked Bean Lasagne (v)	Wholemeal Cheese and	Spanish Omelette (v)	Homemade Cheese and
	with	Tomato Pizza (v)	with Peppers and Potatoes	Onion Quiche (v)
	Chunky Bread	Roast Potatoes	and Crusty Bread	with Baked Potato Wedges
Fish Fingers	Chicken Pie	Roast Pork with Gravy	Chicken Parmo	Pasta Bolognese
with Chips and Tomato Sauce	with Gravy and Mashed Potato	Roast Potatoes	with Baked New Potatoes	with Garlic Bread
FRIDAY	THURSDAY	WEDNESDAY	TUESDAY	MONDAY

Available Daily

Salad Selection, Fresh Bread Selection, Fresh Fruit and Yoghurts. Drinking water will be served with every meal.



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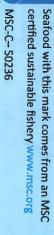
Spring/Summer 2021 Menu - Week Three

Nettlesworth Primary School

Chilled Fruit Jelly	Carrot Cake	Freshly baked Oat Cookie with Water Melon	Shortbread with a glass of fresh Milk	Chocolate Crunch with Custard
Sweet Garden Peas Baked Beans Fresh Salad Selection	Spring Cabbage Sweetcorn Niblets Fresh Salad Selection	Sliced Carrots Broccoli Florets Fresh Salad	Sweetcorn Niblets Spaghetti Hoops Fresh Salad Selection	Broccoli Florets Garden Sweet Peas Fresh Salad Selection
Selection of freshly made Sandwiches	Jacket Potato with a selection of fillings	Selection of freshly made Sandwiches	Jacket Potato with a selection of fillings	Selection of freshly made Sandwiches
Creamy Savoury Vegetable Pie (v) with Chips	Vegetarian Sausage in a Bun (v) with Baked Jacket Wedges and Tomato Sauce	Cheesy Pasta bake (v) with Garlic Bread	Wholemeal Cheese and Tomato Pizza (v) with Baked Jacket Wedges	Baked Omelette (v) with New Potatoes
Lightly Battered Fish with Tomato Sauce and Chips	Spaghetti Bolognese	Roast Gammon Loin with Roast Potatoes	Creamy Chicken Curry with Wholegrain Rice	Corned Beef Pie with Gravy and New Potatoes
FRIDAY	THURSDAY	WEDNESDAY	TUESDAY	MONDAY

Available Daily

Salad Selection, Fresh Bread Selection, Fresh Fruit and Yoghurts. Drinking water will be served with every meal.





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