

Curriculum map

Relationships and sex education curriculum map

YEAR GROUP	TERM	TOPIC/THEME DETAILS	RESOURCES
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EYFS/Year 1	Autumn	<p>Getting on and Falling Out Animals including Humans New Beginnings Articles 27, 15, 31 Getting on and Falling Out Articles 15, 31, 2, 14, 30, 29 Say no to Bullying Week</p> <p>Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices.</p> <p>Includes understanding my place in the class, school and global community as well as devising Learning Charters.</p>	
	Spring	<p>Belonging to a Family Good to be me Relationships Going for Goals Articles 5, 12 Good to be Me Article 1, 2 Relationships Articles 7, 8, 9, 10, 12, 16</p> <p>Includes goal-setting, aspirations for yourself and the world and working together.</p> <p>Includes understanding friendship, family and other relationships, conflict resolution and communication skills.</p> <p>Includes anti-bullying (cyber and homophobic bullying included) and diversity work.</p>	
	Summer	<p>Changes Changes Article 31</p> <p>Includes sex and relationships education in the context of coping positively with change. (includes age-appropriate sex education)</p> <p>EYFS RSE specific content: Family life; making friends; falling out and making up; being a good friend; dealing with bullying; growing up -how have I changed from baby to now; bodies (NOT including names of sexual parts); respecting my body and looking after it e.g. personal hygiene</p> <p>Year 1 RSE specific content: Recognising bullying and how to deal with it; celebrating differences between people; making new friends; belonging to a family; being a good friend; physical contact preferences; people who help us; qualities as a friend and person; celebrating people who are special to me; life cycles – animal and human; changes in me; changes since being a baby; differences between female and male bodies (correct terminology: penis, vagina, testicles,</p>	

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		vulva); respecting my body and understand which parts are private	

Year 2	Autumn	<p>Getting on and Falling Out Animals including Humans New Beginnings Articles 27, 15, 31 Getting on and Falling Out Articles 15, 31, 2, 14, 30, 29 Say no to Bullying Week</p> <p>Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices.</p> <p>Includes understanding my place in the class, school and global community as well as devising Learning Charters.</p>	
	Spring	<p>Having Friends Good to be me Relationships Going for Goals Articles 5, 12 Good to be Me Article 1, 2 Relationships Articles 7, 8, 9, 10, 12, 16</p> <p>Includes goal-setting, aspirations for yourself and the world and working together.</p> <p>Includes understanding friendship, family and other relationships, conflict resolution and communication skills.</p> <p>Includes anti-bullying (cyber and homophobic bullying included) and diversity work.</p>	
	Summer	<p>Changes Changes Article 31</p> <p>Includes sex and relationships education in the context of coping positively with change. (includes age-appropriate sex education)</p> <p>RSE specific context: Assumptions and stereotypes about gender; understanding bullying; standing up for self and others; making new friends; gender diversity; celebrating difference and remaining friends; learning with others; group co-operation; different types of family; physical contact boundaries; friendship and conflict; secrets (including those that might worry us); trust and appreciation; expressing appreciation for special relationships; life cycles in nature; growing from young to old; increasing independence; differences in female and male bodies (correct terminology); assertiveness; appreciate that some parts of my body are private</p>	

Year 3	Autumn	<p>Feeling Good Getting on and Falling Out Animals including Humans New Beginnings Articles 27, 15, 31 Getting on and Falling Out Articles 15, 31, 2, 14, 30, 29 Say no to Bullying Week</p> <p>Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices.</p> <p>Includes understanding my place in the class, school and global community as well as devising Learning Charters.</p>	
	Spring	<p>Having Friends Good to be me Relationships Going for Goals Articles 5, 12 Good to be Me Article 1, 2 Relationships Articles 7, 8, 9, 10, 12, 16</p> <p>Includes goal-setting, aspirations for yourself and the world and working together.</p> <p>Includes understanding friendship, family and other relationships, conflict resolution and communication skills.</p> <p>Includes anti-bullying (cyber and homophobic bullying included) and diversity work.</p>	
	Summer	<p>Changes Animals including Humans Changes Article 31</p> <p>Includes sex and relationships education in the context of coping positively with change. (includes age-appropriate sex education)</p> <p>RSE specific content: Seeing things from others' perspectives; Families and their differences; family conflict and how to manage it (child-centred); witnessing bullying and how to solve it; homophobic bullying; recognising how words can be hurtful; giving and receiving compliments; respect for myself and others; healthy and safe choices; family roles and responsibilities; friendship and negotiation; keeping safe online and who to go to for help; being aware of how my choices affect Others; awareness of how other children have different lives; expressing appreciation for family and friends; how babies grow; understanding a baby's needs; outside body changes at</p>	

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		puberty; inside body changes at puberty; family stereotypes.	

Year 4	Autumn	<p>Getting on and Falling Out Animals including Humans New Beginnings Articles 27, 15, 31 Getting on and Falling Out Articles 15, 31, 2, 14, 30, 29 Say no to Bullying Week</p> <p>Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices.</p> <p>Includes understanding my place in the class, school and global community as well as devising Learning Charters.</p>	
	Spring	<p>Good to be me Relationships Making Choices Going for Goals Articles 5, 12 Good to be Me Article 1, 2 Relationships Articles 7, 8, 9, 10, 12, 16</p> <p>Includes goal-setting, aspirations for yourself and the world and working together.</p> <p>Includes understanding friendship, family and other relationships, conflict resolution and communication skills.</p> <p>Includes anti-bullying (cyber and homophobic bullying included) and diversity work.</p>	
	Summer	<p>Changes Friendship Beating Bullies Animals including Humans Changes Article 31</p> <p>Includes sex and relationships education in the context of coping positively with change. (includes age-appropriate sex education)</p> <p>RSE specific content: Challenging assumptions; judging by appearance; accepting self and others; understanding influences; understanding bullying including the role of the bystander; problem-solving in relationships; identifying how special and unique everyone is; first impressions; working in a group; celebrating contributions of others; healthier friendships; group dynamics; assertiveness; peer pressure; celebrating inner strength; jealousy; love and loss; memories of loved ones; getting on and falling out; girlfriends and boyfriends; showing appreciation to people and animals; being unique; having a baby (simple explanation of conception)*; girls</p>	

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		and puberty; boys and puberty; confidence in change; accepting change.	

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Year 5	Autumn	<p>Getting on and Falling Out Conflict Animals including Humans New Beginnings Articles 27, 15, 31 Getting on and Falling Out Articles 15, 31, 2, 14, 30, 29 Say no to Bullying Week</p> <p>Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices.</p> <p>Includes understanding my place in the class, school and global community as well as devising Learning Charters.</p>	
	Spring	<p>Good to be me Relationships Living Things Going for Goals Articles 5, 12 Good to be Me Article 1, 2 Relationships Articles 7, 8, 9, 10, 12, 16</p> <p>Includes goal-setting, aspirations for yourself and the world and working together.</p> <p>Includes understanding friendship, family and other relationships, conflict resolution and communication skills.</p> <p>Includes anti-bullying (cyber and homophobic bullying included) and diversity work.</p>	
	Summer	<p>Changes Self Esteem and Awareness Changes Article 31</p> <p>Includes sex and relationships education in the context of coping positively with change. (includes age-appropriate sex education)</p> <p>RSE specific content: Cultural differences and how they can cause conflict; racism; rumours and name-calling; types of bullying; enjoying and respecting other cultures; body image; self-recognition and self-worth; building self-esteem; safer online communities; rights and responsibilities online; online gaming and gambling; reducing screen time; dangers of online grooming; SMART internet safety rules; Self and body image; influence of online and media on body image; puberty for girls; puberty for boys; conception (including IVF)*; growing responsibility; coping with change</p>	

Year 6	Autumn	<p>Getting on and Falling Out Conflict Living Things, Evolution and inheritance, Animals inc humans New Beginnings Articles 27, 15, 31 Getting on and Falling Out Articles 15, 31, 2, 14, 30, 29 Say no to Bullying Week Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices. Includes understanding my place in the class, school and global community as well as devising Learning Charters.</p>	
	Spring	<p>Good to be me Relationships Citizenship Going for Goals Articles 5, 12 Good to be Me Article 1, 2 Relationships Articles 7, 8, 9, 10, 12, 16 Includes goal-setting, aspirations for yourself and the world and working together. Includes understanding friendship, family and other relationships, conflict resolution and communication skills. Includes anti-bullying (cyber and homophobic bullying included) and diversity work.</p>	
	Summer	<p>Changes Self Esteem and Awareness Evolution and inheritance Animals inc humans Changes Article 31 Includes sex and relationships education in the context of coping positively with change. (includes age-appropriate sex education) RSE specific content Children's universal rights; feeling welcome and valued; choices, consequences and rewards; group dynamics; democracy, having a voice; anti-social behaviour; role-modelling; perceptions of normality; understanding disability; understanding what transgender means; power struggles; understanding bullying; inclusion/exclusion; difference as conflict; difference as celebration; empathy; exploitation, including 'county-lines' and gang culture; love and loss; managing feelings; power and control; assertiveness; technology safety; responsibility with technology use; self-image, body image; puberty and feelings; conception to birth*;</p>	

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		reflections about change; physical attraction; respect and consent; boyfriends/girlfriends; sexting	