

Peer Pressure



What Is Peer Pressure?

Peer Pressure is when a person or group of people, who are your peers, try to convince you to behave or act in a certain way.



Who Are My Peers?

Your peers are the people who are similar in age or background to you.

Examples:

- classmates;
- teammates;
- neighbors that are similar in age;
- siblings/family member that are close in age to you.



Two Types of Peer Pressure

POSITIVE

Positive peer pressure is when a peer, or a group of your peers, try to convince you to do the right thing or something good/helpful.



NEGATIVE

Negative peer pressure is when a peer, or a group of your peers, try to convince you to do the wrong thing or something bad/hurtful.



Positive or Negative? You Decide!

Your friend realizes he forgot to do his homework before class begins. He asks you if he can quickly copy down your answers before you go in to class. You are hesitant, but he tells you that if you are a good friend, you will help him out.

**Is this positive or negative peer pressure?
What makes you think that?**

Negative



Positive or Negative? You Decide!

You and your friends are riding bikes to the park. You see an elderly neighbor unloading groceries from her car. Your friends suggest that you all go and help her. You don't really want to because you would rather go to the park, but your friends tell you it will be quick and say, "Come on!".

**Is this positive or negative peer pressure?
What makes you think that?**

Positive



Positive or Negative? You Decide!

You and your twin sister are visiting your grandma, and you accidentally knock over a vase that shatters. You want to hide it, but your sister tells you that you need to just be honest and tell grandma. You are scared, but she says she will go with you and help explain what happened. She says you will feel a lot better if you just tell the truth.

**Is this positive or negative peer pressure?
What makes you think that?**

Positive



Positive or Negative? You Decide!

Your mom leaves you and your cousin, who is a year older than you, at the house while she runs to the store. Your cousin wants to watch a TV show that your mom does not allow you to watch. When you tell your cousin no, he calls you a baby and tells you that if you were cool you would watch the show. He also says your mom will never know.

**Is this positive or negative peer pressure?
What makes you think that?**

Negative



Can You Think of Another Example?

Can you think of another example of **negative peer pressure**?

Can you think of another example of **positive peer pressure**?





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