





















LUNCH MENU week 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegan Balls, Tomato Sauce and Pasta 	All Day Breakfast with Bacon	Roast Chicken with Yorkshire Pudding, Roast Potatoes and Gravy	Mince and Dumpling with New Potatoes	Chicken Goujons with Chips
Cheese and Onion Quiche with New Potatoes 	All Day Breakfast with Vegetarian Sausage 	Vegetable Pie with Roast Potatoes and Gravy 	Cheese and Pea Risotto with Homemade Garlic Bread 	Quorn Bites with Chips 
Jacket Potato with Baked Beans 	Pasta Carbonara 	Tomato Pasta  	Jacket Potato with Cheesy Coleslaw 	Macaroni Cheese 
Fresh Salads including Lettuce, Cucumber, Tomato, Grated Carrot and Sweetcorn 				
Carrots Green Beans 	Sweetcorn Broccoli 	Carrot Cabbage 	Broccoli Sweetcorn 	Baked Beans Peas 
Vanilla Ice-Cream	Chocolate Sponge with Chocolate Custard	Jelly with Fruit Slices 	Apple Crumble Custard 	Orange, Sultana and Carrot Slice with Custard



LUNCH MENU week 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegetarian Pasta Bolognese with Tomato Bread Twist   	Sticky Chicken Noodles 	Roast Pork with Roast Potatoes and Gravy	Minced Beef Pie with New Potatoes and Gravy	Fish Fingers with Chips
Margarita Pizza with Jacket Wedges   	Cheese and Onion Pasty with Potato Wedges 	Vegetable Shepherdess Pie with Gravy   	Sweetcorn Tortilla Pie with Rice 	Quorn Bites with Chips 
Jacket Potato with Cheese 	Pasta Carbonara 	Jacket Potato with Tuna and Cucumber	Tomato Pasta   	Jacket Potato with Baked Beans  
Fresh Salads including Lettuce, Cucumber, Tomato, Grated Carrot and Sweetcorn 				
Carrots Green Beans 	Peas Broccoli 	Carrots Cabbage 	Parsnip Sweetcorn 	Baked Beans Peas 
Flapjack and Fruit Slice  	Shortbread biscuits, peaches with Custard 	Raspberry Yogurt Cake with Custard	Cocoa Biscuit with Orange Fruit Wedge	Sponge Cake with Custard

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily



Vegetarian



Nutritionists Choice



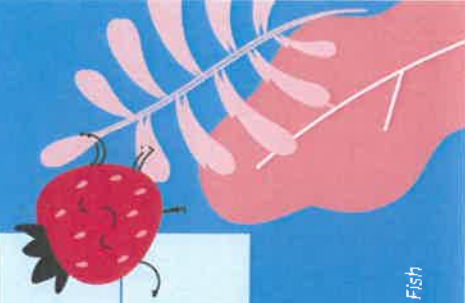
Fruit Based




Wholegrain



Oily Fish



LUNCH MENU week 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegetarian Sausage with Mashed Potatoes and Gravy 	Pasta Bolognese with Garlic Bread 	Roast Turkey with New Potatoes, Yorkshire Pudding and Gravy	Chicken Korma With Rice 	Fish Fingers with Chips
Macaroni Cheese 	Cheese and Broccoli Quiche with Salad, Coleslaw and New Potatoes 	Quorn Roast with New Potatoes, Yorkshire Pudding and Gravy 	Vegetable Lasagne with Garlic Dough Balls 	Mexican Taco Pots with Chips 
Jacket Potato with Cheese and Tomatoes 	Jacket Potato with Salmon and Mayo 	Pasta Carbonara 	Tomato Pasta 	Jacket Potato with Baked Beans 
Fresh Salads including Lettuce, Cucumber, Tomato, Grated Carrot and Sweetcorn 				
Peas Carrots 	Sweetcorn Broccoli 	Carrots Cabbage 	Mixed Vegetables Sweetcorn 	Baked Beans Peas 
Oat Biscuit and Fruit Slices 	Pear Upside Down Cake with Custard 	Strawberry Ice Cream	Jam Sponge Cake with Custard	Banana and Apricot Flapjack with Custard

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

