

EYFS Curriculum Area: Physical Development

Curriculum ambitions for Physical Development

As movers we will:

- Experiment with different ways of moving my body.
- Use my core strength to control my movements.
- Negotiate space successfully and avoid obstacles.
- Use tools with confidence.
- Develop pencil control.

Language/vocabulary:

Space, safe, equipment, strength, balance, forwards, backwards, move, run, jump, dance, skip, hop, climb, throw, catch, team work, under, over, behind, roll, slide, bend.

Questions to ask:

- How can we keep ourselves safe when in the hall/outdoors?
- How did you manage to get all the way over there without falling?
- Can you show me one way that you can move across here?
- How are you going to protect your objects from someone trying to take them? (game scenario)
- I wonder how we could move across this beam?
- How are you going to make the shape you want in the clay/dough?
- What shapes can you make using the sponges/mops/brushes?
- Can you throw the ball to your friend?
- How can you throw it to make sure your friend can catch it?
- Can you tell me about your drawing?

Knowledge and Skills

Gross:

- Engage in activities that require team work.
- Engage in competitive activities.
- To throw and catch a large, soft ball.
- To perform simple combinations of movement.

ELGs

- **Negotiate space and obstacles safely, with consideration for themselves and others.**
- **Demonstrate strength, balance and coordination when playing.**
- **Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.**

Fine:

- To form graphemes with increasing independence.
- To experiment with a range of small tools to make marks, snips, patterns.
- To show preference for a dominant hand.

ELGs

- **Hold a pencil effectively in preparation for fluent writing – using the tripod grip in almost all cases.**
- **Use a range of small tools, including scissors, paint brushes and cutlery.**
- **Begin to show accuracy and care when drawing.**

