



Lunch Menu Week 1

Spring/Summer 2023 Week Commencing: 17/04, 08/05, 05/06, 26/06, 17/07, 04/09, 25/09, 16/10

NORTH EATS.
So much more than school food

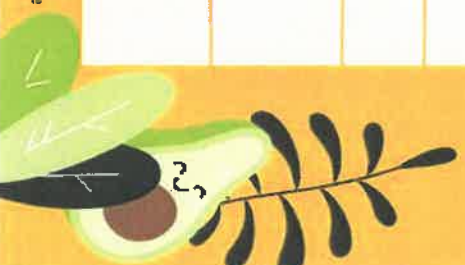


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork Sausages with Creamed Potato and Gravy	Minced Beef and Vegetables with Creamed Potato	Roast Turkey and Yorkshire Pudding with New Potatoes and Gravy	Chicken Korma with Wholegrain Rice	Breaded Fish Fingers with Chipped Potatoes
Macaroni Cheese	Homemade Cheese and Tomato Pizza with Oven Baked Jacket Wedges	Vegetable Pastry Roll with New Potatoes and Gravy	Chinese Vegetarian Rice	Vegetarian Dippers with Chipped Potatoes
Jacket Potato with Salmon Mayonnaise	Sandwich Selection	Jacket Potato with a Selection of Fillings	Cheese Melt Baguette	Jacket Potato with a Selection of Fillings
Freshly Prepared Salad Served Daily				
Green Beans Carrots	Sweetcorn Baked Beans	Carrots Cabbage	Peas Sweetcorn	Baked Beans Peas
Orange Drizzle Cake with Custard	Hot Chocolate Sponge with Chocolate Custard	Strawberry Jelly and Fruit	Flapjack with Fruit	Chocolate Ice Cream

Available Daily

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT AND FRESH FRUIT

Vegetarian
 Oily fish
 Wholegrain
 Fruity!
 Nutritionist's choice





Lunch Menu Week 2

Spring/Summer 2023 Week Commencing: 24/04, 15/05, 12/06, 03/07, 11/09, 02/10, 23/10






NORTH EATS.
So much more than school food

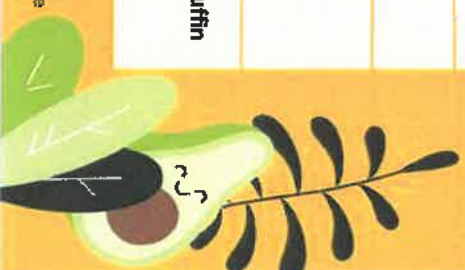


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegetarian Meatball's In Tomato Sauce with Wholemeal Pasta 	Chinese Chicken and Vegetable Rice 	Roast Turkey with Roast Potatoes and Gravy	Beef Lasagne with Garlic and Herb Bread  	Breaded Fish Fingers with Chipped Potatoes 
Cauliflower Macaroni Cheese with Crusty Bread 	Pizza Wheel with Potato Wedges 	Tomato Pasta with Garlic and Herb Bread 	Sweet Chill Vegetable Noodles 	Vegetarian Sausage in a Bun with Chipped Potatoes 
Jacket Potato with a Selection of Fillings	Sandwich Selection	Jacket Potato with a Selection of Fillings	Cheese and Tomato Melt 	Jacket Potato with a Selection of Fillings
Freshly Prepared Salad Served Daily 				
Peas Carrots 	Baked Beans Sweetcorn 	Cabbage Carrots 	Sweetcorn Green Beans 	Baked Beans Peas 
Oat Chocolate Cookie with Fruit 	Vanilla Cake with Custard	Chocolate and Banana Marble Cake with Custard	Flapjack with Fruit 	Chocolate and Orange Muffin

Available Daily

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT AND FRESH FRUIT

 Vegetarian  Oily fish  Wholegrain  Fruity!  Nutritionist's choice





Lunch Menu Week 3

Spring/Summer 2023 Week Commencing: 01/05, 22/05, 19/06, 10/07, 18/09, 09/10



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegetarian Bolognese with Wholemeal Pasta  	Cottage Pie 	Roast Pork in a Bun with Gravy and Oven Baked Potato Wedges	Butter Chicken Curry with Wholegrain Rice 	Southern Fried Chicken with Chipped Potatoes
Cheese and Tomato Pizza with Oven Baked Potato Wedges  	Mexican Vegetarian Tortilla Pie with Wholegrain Rice  	Cheesy Ploughman's Picnic Plate with Oven Baked Potato Wedges  	Tomato Pasta Bake with Garlic Dough Balls 	Tomato Veggie Burger with Chipped Potatoes 
Jacket Potato with a Selection of Fillings	Sandwich Selection	Jacket Potato with a Selection of Fillings	Sandwich Selection	Jacket Potato with a Selection of Fillings
Freshly Prepared Salad Served Daily 				
Carrot Sticks Baked Beans 	Cabbage Peas 	Coleslaw Carrots 	Sweetcorn Green Beans 	Peas Baked Beans 
Feathered Jam Sponge with Custard	Flapjack with Fruit 	Pineapple Upside Down Cake with Custard	Chocolate Brownie with Fruit 	Frozen Mango Yoghurt

Available Daily

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT AND FRESH FRUIT

 Vegetarian  Zilly fish  Wholemeal  Fruity!  Nutritionist's choice

