

Grateful Days

Write something you are grateful for every day.

MONDAY

Tuesday

Wednesday

THURSDAY

Friday

Sunday

SATURDAY

DREAMS

Hand-drawn lined notebook page for writing dreams.

GOALS

Hand-drawn lined notebook page for writing goals.

INSPIRATION

Hand-drawn dashed circle for writing inspiration.

I WANT TO TRY

Hand-drawn dashed lines for writing things you want to try.



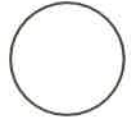
PLACES I WILL GO

Hand-drawn path of six squares connected by dashed lines, representing places to go.



cup
of positivity

Fill this in with
everything positive
from the next page!

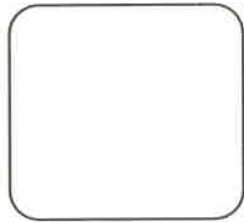


you are brave

you are so strong.



I love hearing you talk



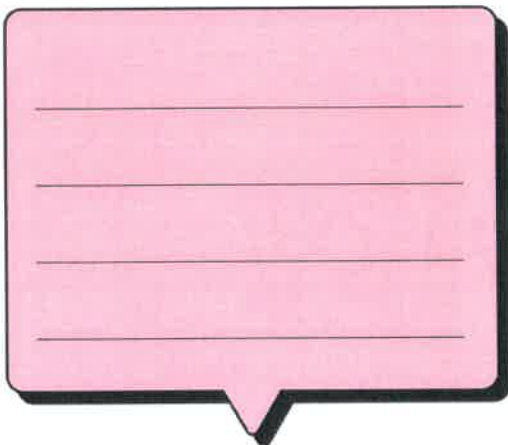
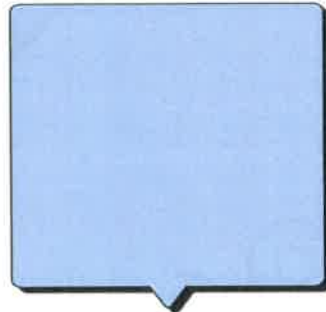
you are full of great ideas



Everything is possible



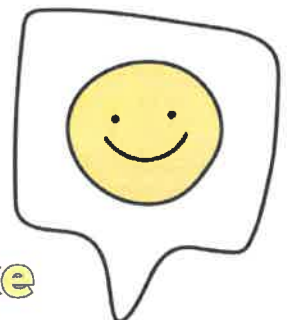
You can do hard things.



you are really kind



you make me smile



Positivity word search

o f u j f m f v k r j n r i m
d j o y f u l o v z u o q v i
m o j f y a a h r c j d h p x
e a p p r e c i a t e g b o z
j l e t v v c p g h u k i n d
t s a c i r r p r a f n g s r
k u c i h m l x l c j t a n k
w n e s z e i r k g m h d t u
z s f p w f e s o a l a i u e
m h u y p v y r t b v n c p i
w i l a r e s g f i z k h z p
q n u w o j p m h u c f a z n
z e m v s y j j i a l u p n k
m r k a w v z z e l t l p r r
j k k c a r e f r e e j y n u

- thankful
- joyful
- appreciate
- fortunate
- happy

- smile
- rainbows
- laugh
- sunshine
- peaceful

- optimistic
- cheerful
- kind
- carefree

