

Can you match the force to the correct picture?

**Push**



**Push**



**Pull**

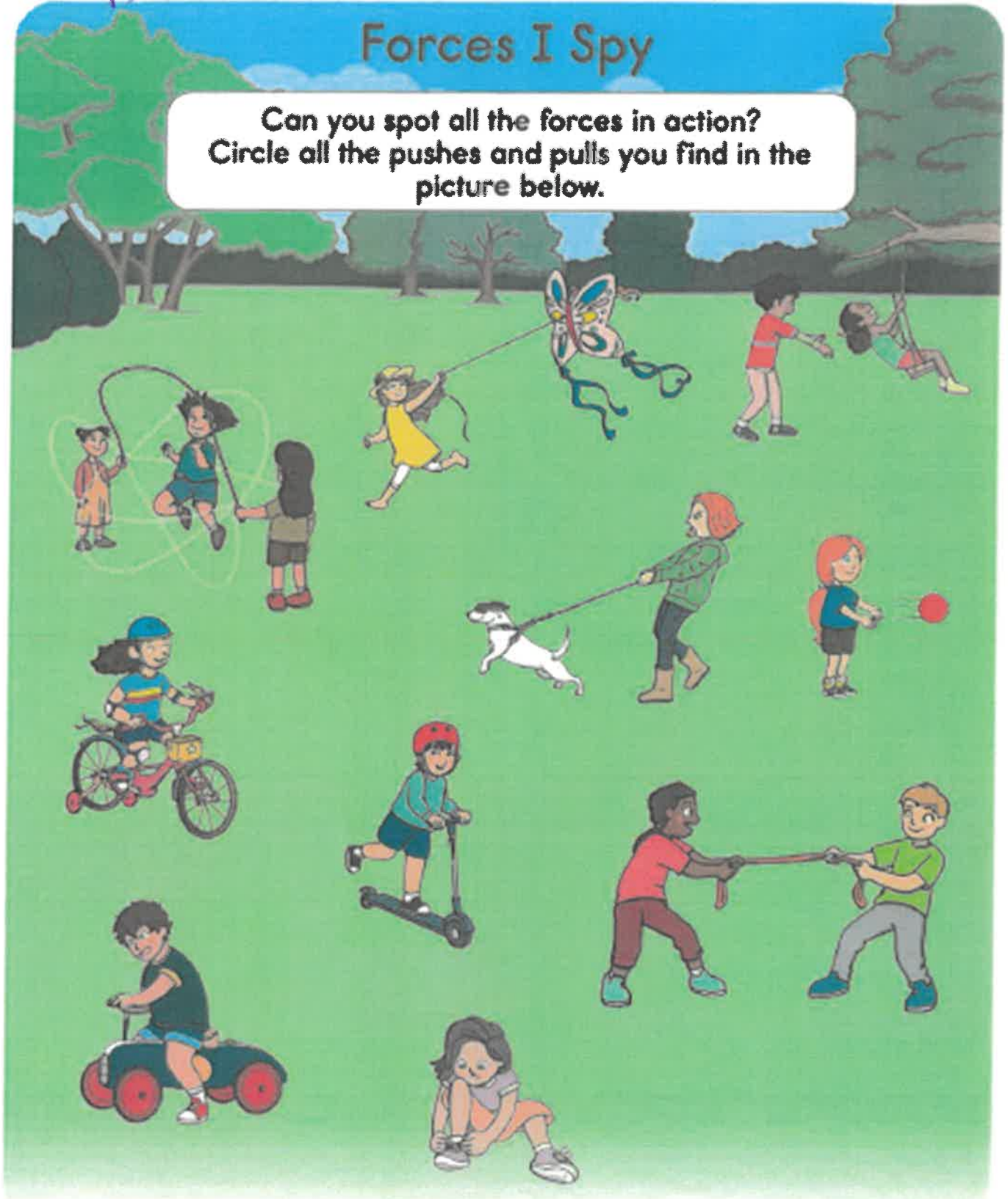


**Pull**



# Forces I Spy

Can you spot all the forces in action?  
Circle all the pushes and pulls you find in the picture below.



# Pushing and Pulling Forces

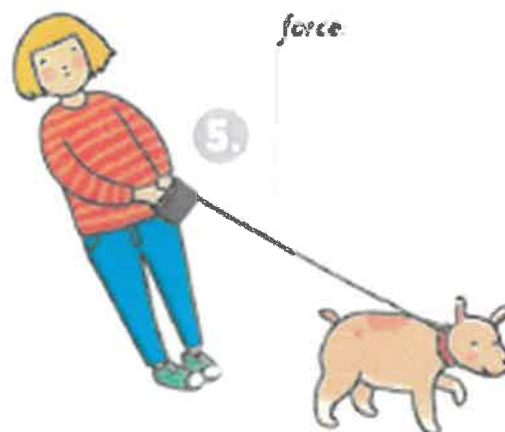
Pushes and pulls are forces. You can make something start or stop moving when you push or pull it.

## Activity

Below are some pictures of children using pushing and pulling forces. Write down *push* or *pull* in the force box. Does the force cause something to start or stop moving? In the second box write *start* or *stop*.



When you kick a football, what type of force do you use? Can you describe other sports or activities that involve pushing or pulling?



Earth

Think about what we have looked at in class. Can you have a go at drawing a picture of an action in the first box e.g. throwing a ball and then in the second box can you write whether it would be a push or pull force?

| Action | Force |
|--------|-------|
|        |       |
|        |       |
|        |       |
|        |       |