



Healthy Eating



p r o t e i n d e s o f
 b o n e s h a n e m h r
 d i e t c l a l x d f u
 i o y d a a b c e f e i
 r g t s u a l m r t s t
 s i h k t t u c c n o s
 m i n e r a l s i i s u
 y u g y a s f m s u e g
 a e d y u l a r e n m a
 v o y t e t t l b e t r
 b a e c i s i h t o d a
 s n h v a a e i y e d t

body
 bones
 calcium
 diet
 exercise

fat
 fruit
 healthy
 minerals
 protein

salad
 salt
 sugar
 vegetables
 vitamins



Fruit and Vegetables

w v j p d c o r a n g e
 c l e m o n a d n l c w
 w a k n r t b r e h v d
 x m u c p e a s r x j b
 s k t l a e t t i o j r
 g k i w i b p z o n t o
 b r d b b f b p a l o c
 n a p p l e l a e b n c
 p p n s i p k o g r i o
 y k k a s s e v w e o l
 p a r s n i p a l e n i
 b h t g s a c x r c r w



apple
 banana
 broccoli
 cabbage
 carrot

cauliflower
 kiwi
 lemon
 onion
 orange



parsnip
 pear
 peas
 potato
 banana

Healthy Eating

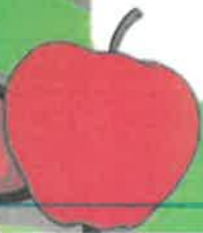
a b o n e s g x i j v p
o f k p q s s s u v e r
c a l c i u m w a h g o
b y v n o g t a s l e t
o x y i a a c t f a t e
d i e t t r o e r r a i
y v s a l a d r u s b n
k i n a r a m s i p l r
s t t v w s y i t b e d
h e a l t h y l n n s j
m i n e r a l s y s a b
s p e x e r c i s e m n

body
bones
calcium
diet

exercise
fat
fruit
healthy

minerals
protein
salad
salt

sugar
vegetables
vitamins
water



Healthy Eating

p r o t e i n d e s o f
 b o n e s h a n e m i r
 d i e t c l a l x d l u
 i o y d a a b c e f s i
 r g t s u a l m r t s t
 s i h k t t u c c n o s
 m i n e r a l s i i s u
 y u g y a s o m s u e g
 a e d y u l a r e n m a
 v o y t e t t l b e t r
 b a e c i s s h t o d a
 s n h v a a e i y e d t

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vegetables
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